

Report Template

Name:

Faculty:

Study Programme:

Neptun Code:

Please write a brief reflection based on the questions below and your experiences during the programme(s) you attended and submit it to careeroffice@pte.hu by **7 June 2027**.

IMPORTANT: Submitting this report is a **mandatory requirement** for completing the ***Career planning and developing competencies*** course. Even if you have already collected 200 career credits by participating in the programmes, you must still submit the report.

For each programme you attended, please answer the questions below in **2–3 sentences per question**.

1. Individual Consultations Organised by the Career Office

Career Credit Value: **25 career credits per consultation**

- ✓ Personal Branding
- ✓ Coaching
- ✓ CV Consultation and Job Search Tips
- ✓ Graphology
- ✓ Career and Life Planning
- ✓ Mental Health and Life Management Counselling

Name of the consultation you attended: (If you participated in more than one consultation, please answer the questions separately for each one.)	
How did this consultation affect you? Did it change anything in your thinking or attitude?	
What did you learn or discover about yourself during or as a result of the consultation?	

What was the most useful, interesting, or valuable aspect of the consultation for you?	
Additional comments:	

2. Short Training Sessions/Workshops Organised by the Career Office - **3-4 hours**
 Career Credit Value: **50 career credits**

Name of the training/workshop you attended: (If you participated in more than one training session or workshop, please answer the questions separately for each one.)	
How did this group session affect you? Did it change anything in your thinking or attitude?	
What did you learn or discover about yourself during or as a result of the training/workshop?	
What was the most useful, interesting, or valuable aspect of your participation?	
Additional comments:	

3. Training Sessions/Workshops Organised by the Career Office - **6-8 hours**
 Career Credit Value: **100 career credits**

Name of the training/workshop you attended: (If you participated in more than one training session or workshop, please answer the questions separately for each one.)	
How did this group session affect you? Did it change anything in your thinking or attitude?	
What did you learn or discover about yourself during or as a result of the training/workshop?	

What was the most useful, interesting, or valuable aspect of your participation?	
Additional comments:	

4. Lectures Organised by the Career Office

Career Credit Value: **25 career credits per lecture**

Title of the lecture you attended: (If you attended more than one lecture, please answer the questions separately for each one.)	
How did this lecture affect you? Did it change anything in your thinking or attitude?	
What did you learn or discover about yourself during or as a result of the lecture?	
What was the most useful, interesting, or valuable aspect of your participation?	
Additional comments:	